

HOSPICE TIMES



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Nandi Masina was a young cancer patient who was transferred from a Provincial Hospital to Hospice in a very bad state of health. She was so sick that she was unable to speak or drink and it was obvious she was terminally ill. The bedsores were numerous and the stench from the lack of proper medical hygiene was overpowering. Hospice nurses got cracking immediately in their gentle and efficient way, attending to the bedsores, controlling the pain, administering medication and in three days this lass was able to eat, speak and smile. Her family was amazed and grateful at the transformation that had taken place and particularly for the encouragement and Hospice support which is all part of the healing process. Having recovered so well under the watchful eye of Sister Sheila and the constant vigil of the nurses, Nandi was discharged from Hospice 14 days later into the care of Sr. Penny and sadly passed away on 11 November.

NEVER FEAR THE SHADOWS - THEY SIMPLY MEAN THERE IS A LIGHT SHINING SOMEWHERE

At 24 years of age Queeneth Motete was studying an IT Computer Course. She complained about having sinus trouble and this was later diagnosed as malignant tumours and had to have two brain operations. She was duly discharged from the Provincial Hospital and contacted Hospice for assistance. Sr. Dikeledi, the community nurse for that area, was assigned to be the care nurse for Queeneth and instantly did a first assessment on her. The two of them communicated very well and with Sr. Dikeledi's kind advice encouraged Queeneth to join the Day Care where she would be associated with other mobile patients. All of them welcomed her and she now looks forward to Wednesdays when she can join in and have a happy morning with tea and cake, laughter, workshops, and a host of other things that keep the morning going until lunch time and after lunch they are returned home.



*Queeneth
Motete*

HOSPICE VOLUNTEERS

We at Hospice are blessed to have a wonderful family of special helpers, of which 60% are volunteers. These are the people who enable Hospice East Rand able to continue with caring for terminally ill people. Hospice volunteers work in many different areas such as Daycare, the charity shops, the switchboard, hairdressers, the bookshop, caregivers who visit patients at home and in the In-Patient Unit and the Care Club members who assist with fundraising events. All people with a will to help Hospice. Recently the Greek Church in Benoni hosted a wonderful tea party for all the volunteers to show our gratitude and this was greatly appreciated by all our volunteers.



The Hellenic Society of Benoni very kindly hosted our Volunteer's "thank you" tea once again this year



All our valuable volunteers were treated to a mouthwatering tea at the Greek Hall in Benoni in September this year to show our appreciation for their hard work and commitment.



A new comer- Lilian Manning was welcomed into the Care Centre 8 months ago and says she must be the happiest person alive. She said the staff is helpful, the food excellent and all in all she feels she has made a good move.

The Care Centre has six single rooms and are ostensibly for people who are mobile but still need a little extra care! There is a fixed monthly rate for this special service.



Lilian Manning

Our recent fashion show held in partnership with Shirley Modlin of Chickita's Boutique and Rampage Models was greatly enjoyed by all who attended



A model from Rampage Models showing off a beautiful garment at our fashion show at the Lifestyle Garden Centre in Kempton Park

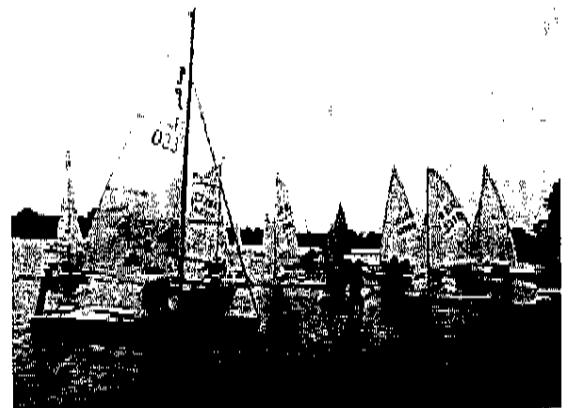


The Slipstreamers Cycling Club support our Hospice every year and we were delighted to receive a truck load of donated goods this year as well as a donation of R3000.00



Isaac Monama, Alyda Lehane and Petrus Bhogola

Daycare Tea



Hospice Charity Regatta hosted by Benoni Sailing Club and the Rotary Club of Benoni Aururu. R11 000.00 was raised at the event.



Tree of Memories



Regular auctions of assorted goods are one of our latest fundraising projects
Enquiries - Gerda 082 492 0302

Annalise van Heerden didn't know how strong she had to be. Through severe neglect at one of the Provincial Hospitals, this woman had, not only cancer to fight but painful bedsore. Non-existent medication made her lose her bearings and she was totally unaware of her surroundings. She could not eat or drink while her family stayed close by trying desperately to help her. On arrival at Hospice her condition shocked the staff and could not believe that anyone - particularly suffering from cancer - could be in the state she was in.

The Hospice nursing staff immediately set to work, lovingly cleaning her up, gently applying all the medication she needed, giving her all the solicitous attention that is their job and before the night was over Annalise knew where she was and could speak to her mother and family who were amazed at the transformation. The family was beside themselves with amazement and could not believe the near miracle that took place that night.

Sadly Annalise passed away, but she went without pain, in a clean bed, clean clothes, peacefully and with someone holding her and giving her support while she quietly closed her eyes.



Sr. Sheila, the Nursing Services Manager, is a tall, dignified woman, deeply caring for the people who come to Hospice for treatment or respite and who can rest in an atmosphere of tranquility and peace. Her day starts at 8 a.m. when she visits each patient in the in-patient unit. Checking up on new arrivals is another of her duties and she ensures that everything is in perfect condition for the new patients. She welcomes each one making them feel confident and peaceful.

Family members are allowed to help with their loved ones care and may visit as often as they can to assist both physically and emotionally. There is an Inter-Disciplinary Team made up of professional nurses, three doctors working on a rotational basis, one Oncologist who visits once a week and two social workers. Therefore any terminally ill patient is assured of the best of attention 24 hours a day.

Families can rest assured that their loved ones are receiving the very best care.



Sr Sheila

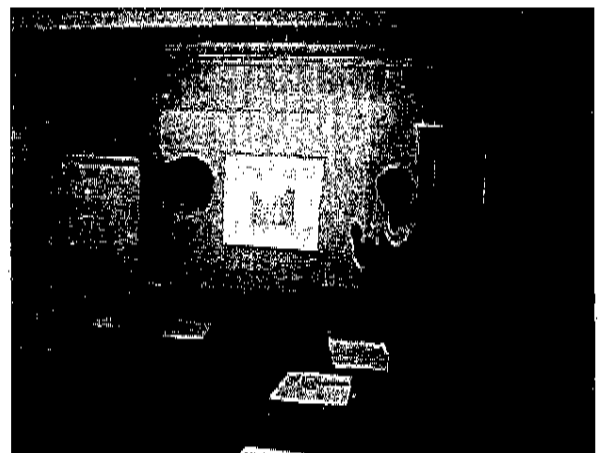
It is a requirement of Hospice that all nurses working with patients have to undertake this course. When medical care can do no more for a patient, Hospice takes over and immediately pain and symptom control is introduced.

The object of this course is to bring proper care to all people particularly those who are dying. Sister Loraine Lombard is the nursing educator who has had many, many years of caring for the sick and dying and treats each one with tenderness and deep love.

Palliation is such a beautiful word and taken from Greek means 'a cloak' and therefore we at Hospice cloak our patients in care and comfort and help them to leave this world without pain or suffering wherever possible.

Albert Schweitzer once said "pain is a more terrible lord of mankind than even death itself." Hospice teaches their staff to help minimise pain and suffering.

Nurses who have come from other health care sectors have admitted to having a great change in their outlook and understand the importance of helping wherever there is sickness.



Training Centre

We are so grateful for the tremendous support we are privileged to receive from the public. Every single donation we receive is valued and special mention is made of the following supporters:

Mercedes Benz East Rand - Golf Day
 Sir Harry Graumann Lodge
 Kendal Franks Lodge
 The Simonsen Family - in memory of Lynette Simonsen
 The Hanekom Family - in memory of Linda Hanekom
 Benoni Northerns Junior Soccer
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 Benoni Nursery School
 Mr BM Quirk
 Sharon Bolel Chemical Marketing
 Holy Rosary 2012 Debutantes
 Assumption Convent 2012 Debutantes
 Germiston Methodist Church
 Mr Con Roux, Snr- for requesting donations to Hospice in lieu of gifts for his 90th birthday
 PD Nixon Containers - for donations made to us in celebration of Mandela Day
 St Dunstan's School - for their wonderful support in celebration of Mandela Day
 Mr Alan Echakowitz and Combat Fire - for the installation of smoke detectors at no charge
 SRS - for their generous monthly debit order donations
 Turbo Fasteners - for their generous monthly debit order donations
 Kobie Parker - for the generous bequest from her family member
 Mrs du Bruyn & Summer Place

In every community there is work to be done.
 In every nation, there are wounds to be healed.
 In every heart there is love to give.



Malherbe Rigg & Ranwell inc, est. 1894

Malherbe Rigg & Ranwell inc is one of the top legal firms in Ekurhuleni.

The firm is highly supportive of Hospice East Rand and is offering to prepare a free Will for any person who bequeaths a sum of money to Hospice.

If you would like to make use of this kind offer, please contact

Jenny Venter at MRR on 011 918-4116 or email to jennv@mrr.co.za



Friends in your life are like pillars on your porch. Sometimes they hold you up and sometime they lean on you. Sometimes it's just enough to know they're standing by.

BENONI:	23B Russell Street, Western Extension Tel: 011 421 6292
BENONI:	Hill Street, Rynfield Tel: 011 425 3970
BOKSBURG:	1 Station Road, Boksburg Tel: 011 917 0430
KEMPTON PARK:	Cnr Palm Avenue & Sonneblom St Kempton Park Tel: 011 394 5816
EDENVALE:	27 Central Avenue, Edenvale Tel: 011 452 0480
HARMELIA: (Edenvale)	Shop 48, Shelton Avenue, Harmella Centre Tel: 011 392 3211
GERMISTON:	Shop 1 Lambton Gables, Cnr 3rd Ave & Webber Road, Lambton, Germiston Tel: 011 824 3540
ASTON MANOR:	Cnr Monument Rd & Kors Cres., Kempton Park Tel: 011 391 1490
SPRINGS:	Shop no 7, Chalu Place. 210 Nigel Road, Selcourt, Springs Tel: 011 363 3128